



2024 KIDS SCHEDULE NORTH YORK

EFFECTIVE FEBRUARY 01, 2024

www.actionreactionmma.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					10:00am - 10:30am KIDS BJJ (3-5 yrs)	
					10:30am - 11:30am YOUTH BJJ (6-11 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)	
					11:30am - 12:30pm TEEN BJJ (12-15 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)	
						1:00pm - 2:00pm CICERO COSTHA PRO KIDS TRAINING
	5:00pm - 5:30pm KIDS BJJ (3-5 yrs)		5:00pm - 5:30pm KIDS BJJ (3-5 yrs)			
5:30pm - 6:30pm KIDS WRESTLING	5:30pm - 6:30pm YOUTH BJJ (6-11 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)	5:30pm - 6:30pm KIDS JUDO	5:30pm - 6:30pm YOUTH BJJ (6-11 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)	5:30pm - 6:30pm KIDS JUDO		
	6:30pm - 7:30pm TEEN BJJ (12-15 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)	6:00pm - 7:00pm KIDS WRESTLING	6:30pm - 7:30pm TEEN BJJ (12-15 yrs) Basics (White to Solid Grey) Adv (Gray/Black & up)			
	6:30pm - 7:30pm KIDS KICK-BOXING		6:30pm - 7:30pm KIDS KICK-BOXING			

TEL : (416) 494 - 8787

CICERO COSTHA PRO TRAINING - Only academies affiliated or by invitation

* Action & Reaction MMA reserves the right to alter the days, hours of operation and classes if deemed necessary.

* Private Training Available, please inquire at reception

* Cicero Costha Pro Kids Training, please inquire at reception